Case report

Borderline personality features possibly related to cingulate and orbitofrontal cortices dysfunction due to schizencephaly

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Abstract

Prefrontal cortex dysfunction has been associated with a series of behavioral symptoms, such as impulsivity and affective instability, which are the defining features of several personality disorders, notably, borderline personality disorder. We report on a 27-year-old patient with schizencephaly in the right frontal lobe (cingulate cortex lesion and secondary orbitofrontal cortex dysfunction) presenting with prominent borderline features and compromise of executive functions, decision-making and attention. We hypothesize that the personality disorder of our patient could be related to cingulate cortex lesion and secondary orbitofrontal cortex dysfunction associated with schizencephaly.

Keywords: Schizencephaly; Impulsivity; Borderline personality; Orbitofrontal cortex; Cingulate cortex

1. Introduction

Schizencephaly (SCHZ) is a rare congenital disorder of cerebral cortical development. SCHZ is characterized by abnormal slits or clefts in the brain’s cerebral hemispheres. It is a form of porencephaly in which there is a cyst or a cavity in the cerebral hemispheres. An anomaly of neuronal migration during the second trimester of gestation period is considered the most likely explanation for schizencephaly [1].

Lesions of the prefrontal region, mainly orbital and medial prefrontal cortices, have been associated with a series of behavioral symptoms, such as impulsivity and affective instability, which are the defining features of several personality disorders, notably, borderline personality disorder (BPD) [2]. Although neuroimaging studies demonstrated differences in the prefrontal cortex of patients with BPD compared to healthy subjects [2–4], there is no published report correlating borderline features and SCHZ.

We describe a patient with SCHZ in the right frontal lobe presenting with a personality disorder marked by prominent borderline features.

2. Case report

A 27-year-old man was admitted to our psychiatric ward following a judicial order due to the involvement in episodes of aggression and attempted robbery.

Behavioral problems of the patient were noticed for the first time when he was 8 years old. At this age, he started recurrent fights with fellow pupils. During adolescence, he got involved in frequent episodes of exhibitionist behavior, substance abuse (i.e. sporadic marijuana and alcohol consumption) and displays of temper and aggression directed at his family members. Besides impulsive behavior, he has also presented with affective instability, a persistently unstable sense of self and a pattern of unstable and intense interpersonal relationships.
Two structured clinical interviews, Mini International Neuropsychiatric Interview (M.I.N.I.)-Plus and Structured Clinical Interview for DSM Personality Disorders (SCID)-II, were used to perform the diagnosis of DSM-IV Axis-I and Axis-II disorders, respectively. Psychoactive drug abuse (marijuana and alcohol) was identified but no other Axis-I disorder, including bipolar disorder, was noticed. Based on the patient’s long-term history of impulsivity, affective liability and unstable sense of self and relationships, borderline features could be easily identified. Other borderline features, including transient paranoid ideation, feeling of emptiness or fear of abandonment, were not evidenced.

Careful laboratory investigation, including blood count, creatine kinase level, electrolytes, renal, liver and thyroid function tests, serology for syphilis and HIV, was undertaken and all exams were unrevealing. Brain magnetic resonance imaging (MRI) showed unilateral SCHZ of the closed lip variety (type 1) with clefts located in the right frontal lobe (Fig. 1A and B).

The patient was also submitted to a comprehensive neuropsychological assessment of intelligence (Wechsler adult intelligence scale, third edition; WAIS-III) [5], attention (omission errors on Conners’ continuous performance test II; CPT-II) [6], motor impulsiveness (commission errors on CPT-II) [6], decision-making/cognitive impulsiveness (Iowa Gambling Task; IGT) [7], constructional ability (copy of the Rey Osterreich complex figure; SPREEN & STRAUSS, 1998), visual memory (retrieval of the Rey Osterreich complex figure), verbal learning and memory (Rey auditory verbal learning test; RA VLT) [8], and language (verbal IQ and verbal comprehension indexes of WAIS-III and word fluency) [5,8].

His performance on the neuropsychological tests was compared to the performance of asymptomatic male controls matched for age (mean ± S.D., years; 28.2 ± 1.4) and years of formal education (mean ± S.D., years; 7.3 ± 1.2). When the results of the patient differed two standard deviations above or below the mean value of control group they were considered altered.

He presented with normal intellectual level, although his performance was worse than in asymptomatic controls in the performance scale IQ, working memory and speed processing indexes of the WAIS-III (Table 1). There was no impairment of memory, language and visuoconstructional abilities. He committed several commission and omission errors on CPT-II indicating compromise of attention and motor impulsivity, respectively. He also was more susceptible to effects of proactive interference on learning process. On IGT, he made more non-profitable choices suggesting deficits in decision-making.

The result of his neuropsychological assessment is in line with the clinical symptoms presented by the patient, notably impulsivity. As the patient had SCHZ, he could not be diagnosed as BPD. According to DSM-IV diagnostic criteria, BPD can be diagnosed only in the absence of medical or neurological conditions that could explain psychiatric symptoms. It is worth mentioning that the patient also displayed antisocial behaviors.

Under lithium carbonate (1200 mg/day) and pimozide (8 mg/day) treatment there was improvement in his antisocial behavior. Nevertheless his impulse behavior remained unchanged as evidenced by the persistence of rage outbursts.

3. Discussion

The existence of a potential neurobiological basis for BPD is suggested by possible genetic susceptibility, serotonergic dysfunction, neuropsychological deficits, notably executive dysfunction and decision-making impairment, structural and functional brain abnormalities [2,4,9].
Cingulate cortex has been shown to subserve an array of functions, including emotional and attentional processing, as it is connected with amygdala, orbital and medial prefrontal cortices. Conversely orbital and medial prefrontal cortices are highly interconnected with different subcortical regions forming cortical–subcortical circuits. Based on lesion studies, it was suggested that structural damage to these circuits was related with disinhibition and changes of affect [10]. These clinical features are characteristic of disruptive behavior marked by outbursts of irritability and aggression. In line with this, some studies have even reported that cingulate cortex and adjacent regions, especially orbitofrontal cortex, which normally exert an inhibitory influence on behavior, are dysfunctional in BPD patients [2,3].

Thus we hypothesize that some features of the personality of our patient which resembles BPD, i.e. impulsivity and affect instability, could be related to cingulate cortex lesion and secondary orbitofrontal cortex dysfunction associated with SCHZ. Anti-social behavior presented by the patient could also be explained by an orbitofrontal dysfunction [10]. Interestingly, there is a high comorbidity between anti-social personality disorder and BPD [11].

The compromise of executive functions, decision-making and attention in the present case is compatible with dysfunction of different prefrontal cortex circuits. As cingulate gyrus is interconnected with prefrontal cortex and it is altered in the patient, these circuits were probably secondarily affected.

The evaluation of motor and cognitive impulsiveness by CPT-II (commission errors) and IGT, respectively, showed that the patient had impaired inhibitory control and inability to suppress immediate reward that could lead to subsequent loss. This pattern of poor decision-making was also observed in patients of orbitofrontal lesions [6] and with several psychiatric disorders including BPD [9,12]. Attention deficits are associated with prefrontal impairment, mainly when posterior cingulate gyrus is involved [13], and they have also been related to BPD [14].

Interestingly the great difference between verbal scale IQ and performance scale IQ indexes of WAIS-III is frequently found in BPD [5], in some psychiatric disorders presenting with executive dysfunction, such as schizophrenia [15] and right frontal pathologies [16].

It is worth to mention that pharmacologic treatment of BPD remains limited and restricted to symptomatic attenuation. In the present case, lithium and pimozide were chosen due to the presence of significant impulsive behavior and affective instability. The poor symptomatic control in our patient corroborates the hypothesis of prefrontal system lesion and/or dysfunction.

In conclusion structural and/or functional compromise of discrete prefrontal and cingulate areas may lead to borderline symptoms, mainly affective instability and impulsivity. This may also suggest that other borderline symptoms, such as fear of abandonment and paranoia, could be related to other brain circuits dysfunction.

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### References


